

MG Minute

CONQUER MG

Conquer Myasthenia Gravis

Serving Illinois, Northwest Indiana,
and Southeast Wisconsin

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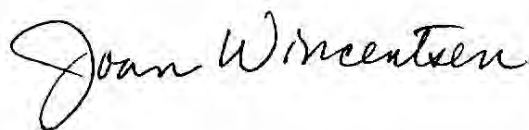
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It's official! The Myasthenia Gravis Foundation of Illinois is now known as **Conquer Myasthenia Gravis** (Conquer MG for short). With our new name and logo comes a new look for the *MG Minute*. So we introduce that to you with this issue!

We are so grateful to all who helped raise MG awareness and funds at the Strides Against MG Walk on June 5. You supported each other in hope, and had fun in the process. Let's take heart with the slogan used by Janet Bauer's Family and Friends team, "Somewhere over the rainbow there's a cure for MG!"

Hoping *your* myasthenia gravis will be conquered,



Joan Wincentzen, Executive Director

Strides Against MG 2016



The 4th Annual Strides Against MG Walk welcomed 250 participants on Sunday, June 5, at Berens Park in Elmhurst, Illinois. The walk raised \$21,000 for Conquer Myasthenia Gravis, to fund the organization's programs of patient assistance, education, and support. ([Continue](#))

Click to see a [selection of Walk pictures](#) on our website. If you're on Facebook, you can view **all the Walk photos** on the [Conquer MG Facebook page](#) (and "like" us, too!)

June: MG Awareness Month



During June, we raise the profile of myasthenia gravis among the public and health care professionals so individuals can get diagnosed sooner and treated more effectively.

In addition to the Strides Walk, Conquer MG volunteers walked in Memorial Day parades in Elmhurst and Aurora, Illinois. Thank you, Ben

Maravilla and family, Kristin Holste, Jean Geishecker, Dave Norquist, Brian Bailey, and Joe Kleinhenz!

Even though Linda Kelm is in MG remission, she raises awareness in her small town by wearing different MG t-shirts (like the one pictured) throughout the month.

Call 800-888-6208 if you'd like to order this year's walk shirt for \$15. Limited quantities are available in Youth Medium and Men's S, L, 2X, and 3X.



Who Needs to Know?

Raising awareness about MG often involves sharing your own MG story. Are there limits to whom you should tell? It helps to reframe the question: Why do they need to know?

You probably have a different answer for those closest to you, your health care team, school administrators, and your employer. ([Continue reading](#))



Motorcycle Ride for MG



On September 4, 2016, MG advocate Kelly Lozada and the Chicago South Latin American Motorcycle Association (LAMA) will host a Chicago area "Motorcycle Ride for MG Awareness." Kelly and LAMA have designated Conquer MG as the ride charity. Event details will be forthcoming. We wish Kelly and her group a safe and successful event!

Fashionably Ill - Jessica Gimeno

Since age 28, Jessica Gimeno has been sharing what it's like to cope with myasthenia gravis plus four other illnesses on her blog [Fashionably Ill: The Sick Woman's Stylist](#). A gifted writer and speaker (watch her [Tedx Talk video](#) about getting stuff done when you're depressed), she helps people survive chronic illness with articles about friendship, creativity, trade-offs, and yes - fashion!



Summer Heat Warning

For many MG patients, summer time heat makes muscles weaker. Read about ways to keep your cool (and your strength). ([Continue Reading](#))



Patient Assistance Program

Launched in 2014, Conquer MG's Patient Assistance Program will reimburse the cost of medical treatment and medication after all insurance payments are applied, up to \$1,000 per person per year (to the extent funds are available). To qualify you must be an MG patient, be a resident of Illinois or Indiana, and submit proof of financial hardship. Costs do not have to be MG-related.



You can submit an application for funds once you have more than \$200 in medical bills and paid pharmacy receipts. [Click for the application.](#)

Your gift is needed and appreciated!

DONATE

Summer Support Group Meetings

Want to get connected with others who understand your health issues? Stop by an MG support group meeting. [Details and directions](#)

**Chicago - Central
Rush Univ Med Center**

Thursdays, July 7 & August 4,
1:30 p.m. Register with Eve
Escalante at 312-942-8175

**Chicago - North Suburban
Glenview**

Saturday, July 16. 11:00 a.m.
(potluck picnic lunch) Tuesday,
August 16, 9:30 a.m. (coffee
chat) **(New meeting location)**

Chicago - South Suburban
Blue Island

Sunday, August 28, 1:30 p.m.

Chicago - West Suburban
Winfield

Sunday, May 15, 1:00 p.m.

Rockford, IL

Saturday, July 9, 1:00 p.m.

Springfield, IL

Sunday, July 17 & August 21,
3:00 p.m.

Schererville, IN

Saturday, July 30, 10 a.m.

St. Louis Area, MO
Glendale

Saturday, July 16, 10 a.m.

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