

Myasthenia Gravis Activities of Daily Living (MG-ADL)

Physicians use this tool to score a patient's MG symptoms based on the patient's recall of the symptoms during the prior week. A person's score can range from 0 (normal) to 24 (most severe).

	Score = 0	Score = 1	Score = 2	Score = 3	Your Score
1. Talking	Normal	Intermittent slurring or nasal speech	Constant slurring, but can be understood	Difficult to understand speech	
2. Chewing	Normal	Fatigue with solid food	Fatigue with soft food	Gastric tube	
3. Swallowing	Normal	Rare episode of choking	Frequent choking necessitating changes in diet	Gastric tube	
4. Breathing	Normal	Shortness of breath with exertion	Shortness of breath at rest	Ventilator dependence	
5. Impairment of ability to brush teeth or comb hair	None	Extra effort, but no rest periods needed	Rest periods needed	Cannot do one of these functions	
6. Impairment of ability to arise from a chair	None	Mild, sometimes uses arms	Moderate, always uses arms	Severe, requires assistance	
7. Double vision	None	Occurs, but not daily	Daily, but not constant	Constant	
8. Eyelid droop	None	Occurs, but not daily	Daily, but not constant	Constant	
MG-ADL Score Total = Add lines 1-8					